

SAFA - Cape Town Senior Regional Promotional Play-Offs 2026

Rules and Regulations

1. The Senior Regional Promotional play-offs competition is designed for all LFA Senior league winners for 2026 in highest senior league of the LFA structure.
2. The Play Offs is for the promotion of two teams to the Men's Regional League 2027/28 season.
2. All players participating shall use SAFA Cape Town registration cards for 2025/26 only.
3. The play offs will be governed by the Regional Competitions Committee.
4. The play offs dates are 21st, 24th, 25th, 31st **October 2026 & 1ST November 2026.**
5. The winners of the semi-finals will be promoted.
6. Teams are allowed to register 25 players (**Inclusive of maximum of 5 Foreign Players**) and 5 technical staff members for the play offs. Only 20 players per match shall be allowed.
7. All team managers/coaches shall report to the match convenor one hour before kick-off of their respective matches to collect their team sheets for every match.
8. All team managers or coaches to accompany the match officials to check opponents team sheets prior to kick-off.
9. **NO CARD NO PLAY RULE SHALL APPLY.**
10. Any team submitting false team registration of player/s shall be suspended from the playoffs and all results will be nullified.
11. If a team is already in the Men's Regional League of an LFA and is the winner of the LFA league, such an LFA is to forward the name of the second placed team.
12. Teams that are found to be playing with a player in the playoffs using dual registration cards (MYSABA 2026/27) that team will be suspended from the playoffs, and all results will be nullified.
13. Clubs may only make use of **five (5) foreign players** during the play offs.
14. All players will be verified against MYSABA registration system for 2026/27 season prior to the start of the play offs and SAFA Cape Town has the right to verify any player during the play offs.
15. Protests and complaints must be lodged with the match officials before and during a match. Within two (2) hours of the completion of the match the protest must be lodged with the necessary relevant protest fee (R3000) to the Region. Protests received after the two (2)-hour deadline will not be entertained. The RDC shall convene a hearing before the end of the day to adjudicate on any protest. Any complaint lodged must be lodged within two (2)-hours after the completion of

the match with the relevant complaint fee (R3000). Should any complaint be lodged later than two (2) hours, such complaint will not be entertained.

16. The away team mentioned as per the fixtures shall change their playing kit in cases of clash of colours. Please ensure you have TWO(2) or more kits available on match days.

Format

1. The teams will be drawn into eight groups (from A to H) with no more the five (5) teams each in a group.
2. A one round league will be played within the group to determine the group winner.
3. The teams finishing 1st in each group will advance to the quarter finals knockout stage.
4. The winners of the semi-finals will be automatically promoted as the two teams to the Men's Regional League for the 2026/27 season.
5. Teams shall register their squads (**a total of 25**) with the Associations offices prior to the commencement of the playoffs with the following, Official Team List which shall include the Players Name & Surname, SAFA CT Reg No, ID Number.

Duration of Matches

1. Two equal halves of 45 minutes with a 10-minute half time break.
2. All games will commence on time.
3. No grace periods.
4. Knockout games to run to its conclusion for a result.
5. No extra time shall be played during the knockout stage – Should match be tied after normal time, kicks from the penalty mark shall be taken in line with the FIFA Laws of the Game

Points

1. Three (3) points for a win.
2. One (1) for a draw.
3. Nil (0) for a lost.
4. Teams defaulting a match shall be disqualified and all their results shall be expunged from the logs.

League standing/s to be determined in the following order

1. Highest number of points.
2. Head-to-head
3. Toss of coin

Team match day list

1. All teams to complete three (3) match sheets.
2. All match sheets will be provided by the Region before every match.
3. Only official Team Sheets provided by SAFA Cape Town at venue/s shall be eligible.
4. Teams will be duly checked by the match officials one hour before kick-off with the opposing manager.

Knock-out Stage Grid

Quarter Finals

Winner Group A vs **Winner Group B**

Winner Group C vs **Winner Group D**

Winner Group E vs **Winner Group F**

Winner Group G vs **Winner Group H**

Semi Finals

Winner A/B vs **Winner C/D**

Winner E/F vs **Winner G/H**

Referees

SAFA Cape Town will appoint match officials.

Match Fees

Teams shall pay **R150.00** per match before commencement of the game.

Substitutions

Each team shall be entitled to make five (5) substitutions within three intervals during the match. Half time will not count as an interval.



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Send offs

1. Players who receive two (2) yellow cards during the group stage will sit out the next game. Teams are responsible for the monitoring of their player/s cautions during the play-offs.
2. Any player receiving a red card will sit out the next game.
3. All yellow cards issued at the end of the group stages will fall away.

General

1. All teams participating in the play-off are bound by the rules and regulations for the competition.
2. Teams are responsible for the conduct of their players, officials and spectators.
3. The Competition Committee has the power to rule on any matter that is not in conflict with the game and the rules.

**SAFA CAPE TOWN
COMPETITIONS DEPARTMENT**



Bennett BAILEY (President), Linda PISTOLI (Vice President), Andrew BOTHMAN (Vice President), Nomonde NDYOKO (Vice President)

Reyaad JOSEPH (General Secretary), Sadick WILLIAMS (Treasurer), Sibongile BANGO, Bayanda SIKITI

Honorary Members: Alex ABERCROMBIE, Eric DALTON, Dawood ESACK, Ernest ZONDI, Harry FISHER, Gordon CRUMPTON, Mebhuta KOMANI, Abdullah ALEXANDER, Richard FORTUNE